

MEMO

To: Brenham ISD Board of Trustees

From: Jamie Woodall; Brenham ISD Director of Health and Safety

Date: Wednesday, July 14, 2021

Subject: School Health Advisory Council (SHAC) Annual Report

Council recommendations concerning the school district's health education curriculum and instruction or related matters that the council has not previously submitted to the board.

None

Suggested modification to a council recommendation previously submitted to the board.

None

Detailed explanation of the council's activities during the period between the date of the current report and the date of the last prior written report.

- The Brenham SHAC met twice during the 2020-2021 school year.
- The wellness policy needs to be updated and will be the focus in 2021-2022.
- All school counselors are certified in Mental Health First Aid per Rebecca Wachslar. Future efforts will focus on expanding this training to at least one admin per campus, coaching staff, nurses; and eventually providing this opportunity to staff.
- Kameron Stelter (health teacher) will work to determine SHAC compliance as it relates to health education. Updated curriculum is needed as the current resources are from 2005.
- FitnessGram was completed for all students enrolled in a course that provides a Physical Education credit in grades three and up.
- To ensure compliance with the requirements of SHAC and Wellness Policy:
 - Parent membership has been increased for the 2021-2022 school year.
 - Wellness Policy will be updated in 2021-2022
 - Health curriculum will be reviewed in 2021-2022
 - Physical Activity and Fitness Planning Subcommittee will be established in 2021-2022
 - Website and Handbook requirements will be reviewed in 2021-2022
- Meeting announcements and materials will be posted on the SHAC webpage on brenhamisd.net.

Any recommendations made by the physical activity and fitness planning subcommittee.

None