

# Menu Calendar Report - December, 2022

Generated on: 11/28/2022 12:00:22 PM by Debra Wagner

Site: ALL  
 Meal Type: Lunch  
 Site Group: K-12  
 Menu Line: HS Lunch

Mon		Tue		Wed		Thu		Fri	
<b>HS Main Line Lu, Wk 4, Day 1 :13058</b>	<b>28 Nov</b>	<b>HS Main Line Lu, Wk 4, Day 2 :13058</b>	<b>29 Nov</b>	<b>HS Main Line Lu, Wk 4, Day 3 :13058</b>	<b>30 Nov</b>	<b>HS Main Line Lu, Wk 4, Day 4 :13058</b>	<b>1 Dec</b>	<b>HS Main Line Lu, Wk 4, Day 5 :12804 Mookie :13058</b>	<b>2 Dec</b>
Italian Spaghetti w/Garlic Knot (67.22 g)		Nacho Grande (39.97 g)		General Tso's Chicken w Fried Rice 9-12 (78.20 g)		Buffalo Chicken Tots w/Hot Roll (64.72 g)		Chicken Tenders & Waffle (36.50 g)	
Tangerine Chicken w/Fried Rice (HS) (79.15 g)		Soft Tacos New (37.39 g)		Wings of Fire w/Hot Roll (32.00 g)		Crispito w/Chili (65.22 g)		Tangerine Chicken w/Fried Rice (HS) (79.15 g)	
Crispy Seasoned Fries (20.00 g)		Baked Beans (30.62 g)		Cucumber Slices (2.75 g)		Salsa Cup (5.00 g)		Mookie Cow Crackers (21.00 g)	
Green Peas & Carrots (9.04 g)		Side Salad (2.21 g)		Mashed Potatoes (14.15 g)		Side Salad (2.21 g)		Baby Carrots (6.18 g)	
Side Salad (2.21 g)		Tater Tots (17.05 g)		Side Salad (2.21 g)		Sweet Potatoes, Deep Groove (17.88 g)		Cauliflower w/Cheese (4.98 g)	
Banana (23.00 g)		Apple Juice (14.00 g)		Banana (23.00 g)		Apple Juice (14.00 g)		Seasoned Curly Fries (21.00 g)	
Orange Juice (13.00 g)		Banana (23.00 g)		Banana (23.00 g)		Apricot Cup (32.00 g)		Banana (23.00 g)	
ORANGES MAND WHL L/S 6-10 (20.00 g)		Fruit Cocktail (15.00 g)		Orange Juice (13.00 g)		Banana (23.00 g)		Orange Juice (13.00 g)	
Sliced Gala Apple (21.50 g)		Sliced Gala Apple (21.50 g)		Pear Cup (19.00 g)		Sliced Gala Apple (21.50 g)		Pineapple Chunks (16.00 g)	
Sliced Orange (24.60 g)		Sliced Orange (24.60 g)		Sliced Gala Apple (21.50 g)		Sliced Orange (24.60 g)		Sliced Gala Apple (21.50 g)	
Chocolate Milk (23.00 g)		Low Fat White Milk (12.00 g)		Sliced Orange (24.60 g)		Chocolate Milk (23.00 g)		Sliced Orange (24.60 g)	
Low Fat White Milk (12.00 g)		Ketchup (6.00 g)		Chocolate Milk (23.00 g)		Low Fat White Milk (12.00 g)		Chocolate Milk (23.00 g)	
Ketchup (6.00 g)		Picante Sauce (1.00 g)		Low Fat White Milk (12.00 g)		Chick'n Dippin' Sauce (6.00 g)		Low Fat White Milk (12.00 g)	
Ranch, Buttermilk Dressing (1.00 g)		Ranch, Buttermilk Dressing (1.00 g)		Frank's Buffalo Sauce		Ketchup (6.00 g)		Chick'n Dippin' Sauce (6.00 g)	
		Shredded Mild Cheddar Cheese (0.51 g)		Ketchup (6.00 g)		Ranch, Buttermilk Dressing (1.00 g)		Ketchup (6.00 g)	
		Sour Cream (4.00 g)		Ranch, Buttermilk Dressing (1.00 g)		Shredded Mild Cheddar Cheese (0.51 g)		Ranch, Buttermilk Dressing (1.00 g)	
								Syrup Cup (30.00 g)	
<b>HS Main Line Lu, Wk 1, Day 1 :13370 Birthday</b>	<b>5 Dec</b>	<b>HS Main Line Lu, Wk 1, Day 2 :13370</b>	<b>6 Dec</b>	<b>HS Main Line Lu, Wk 1, Day 3 :13370</b>	<b>7 Dec</b>	<b>HS Main Line Lu, Wk 1, Day 4 :13370</b>	<b>8 Dec</b>		
Chicken Parmesan w/Garlic Breadstick (53.80 g)		Nacho Grande (39.97 g)		Queso Fiesta Spicy Spaghetti w/Hot Roll (58.27 g)		Crispito w/Chili (65.22 g)			
General Tso's Chicken w Fried Rice 9-12 (78.20 g)		Soft Tacos New (37.39 g)		Tangerine Chicken w/Fried Rice (HS) (79.15 g)		Three Cheese Enchiladas (29.48 g)			
Cheesy Broccoli (5.66 g)		Baked Beans (30.62 g)		Jubilee Sweet Corn (20.62 g)		Charro Beans (40.13 g)			
Crispy Seasoned Fries (20.00 g)		Side Salad (2.21 g)		Seasoned Curly Fries (21.00 g)		Side Salad (2.21 g)			
Side Salad (2.21 g)		Tater Tots (17.05 g)		Side Salad (2.21 g)		Sweet Potatoes, Deep Groove (17.88 g)			
Banana (23.00 g)		Apple Juice (14.00 g)		Banana (23.00 g)		Apple Juice (14.00 g)			
Happy Birthday Rosati (25.00 g)		Banana (23.00 g)		Diced Peaches (14.00 g)		Banana (23.00 g)			
Orange Juice (13.00 g)		Frozen Mixed Fruit Cup (19.00 g)		Orange Juice (13.00 g)		Pineapple Chunks (16.00 g)			
Sliced Gala Apple (21.50 g)		Sliced Gala Apple (21.50 g)		Sliced Gala Apple (21.50 g)		Sliced Gala Apple (21.50 g)			
Sliced Orange (24.60 g)		Sliced Orange (24.60 g)		Sliced Orange (24.60 g)		Sliced Orange (24.60 g)			
Chocolate Milk (23.00 g)		Chocolate Milk (23.00 g)		Chocolate Milk (23.00 g)		Chocolate Milk (23.00 g)			
Low Fat White Milk (12.00 g)		Low Fat White Milk (12.00 g)		Low Fat White Milk (12.00 g)		Low Fat White Milk (12.00 g)			
Ketchup (6.00 g)		Ketchup (6.00 g)		Low Fat White Milk (12.00 g)		Ketchup (6.00 g)			
Ranch, Buttermilk Dressing (1.00 g)		Picante Sauce (1.00 g)		Ketchup (6.00 g)		Picante Sauce (1.00 g)			
		Ranch, Buttermilk Dressing (1.00 g)		Ranch, Buttermilk Dressing (1.00 g)		Ranch, Buttermilk Dressing (1.00 g)			
		Shredded Mild Cheddar Cheese (0.51 g)							
		Sour Cream (4.00 g)							

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				<table border="1"> <tr> <td data-bbox="1112 231 1274 310"> <b>HS Main Line</b>  <b>Lu Wk 1, Day</b>  <b>5 :13370</b> </td> <td data-bbox="1274 231 1378 310"> <b>9 Dec</b> </td> </tr> </table>	<b>HS Main Line</b> <b>Lu Wk 1, Day</b> <b>5 :13370</b>	<b>9 Dec</b>
<b>HS Main Line</b> <b>Lu Wk 1, Day</b> <b>5 :13370</b>	<b>9 Dec</b>					
				BBQ Beef Baked Potato w/Hot Roll (116.66 g) General Tso's Chicken w Fried Rice 9-12 (78.20 g) Baby Carrots (6.18 g) Cauliflower w/Cheese (4.98 g) Crispy Seasoned Fries (20.00 g) Banana (23.00 g) Orange Juice (13.00 g) Pear Cup (19.00 g) Sliced Gala Apple (21.50 g) Sliced Orange (24.60 g) Chocolate Milk (23.00 g) Low Fat White Milk (12.00 g) Margarine, Cup Ranch, Buttermilk Dressing (1.00 g) Shredded Mild Cheddar Cheese (0.51 g) Sour Cream (4.00 g)		
				<table border="1"> <tr> <td data-bbox="1112 1824 1378 1995"> <b>16 Dec</b> </td> </tr> </table>	<b>16 Dec</b>	
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HS Main Line Lu, Wk 2, Day 1 :13370 Winter	12 Dec	HS Main Line Lu, Wk 2, Day 2 :13370	13 Dec	HS Main Line Lu, Wk 2, Day 3 :13370	14 Dec	22-23 WK 2 Day 4 HS :13370	15 Dec
French Bread Garlic Pizza (29.00 g) Tangerine Chicken w/Fried Rice (HS) (79.15 g) Green Beans (4.22 g) Marinara, Sauce Cup (7.00 g) Seasoned Curly Fries (21.00 g) Side Salad (2.21 g) Banana (23.00 g) Orange Juice (13.00 g) Rosati Ice, Sno Joe (25.00 g) Sliced Gala Apple (21.50 g) Sliced Orange (24.60 g) Chocolate Milk (23.00 g) Low Fat White Milk (12.00 g) Ketchup (6.00 g) Ranch, Buttermilk Dressing (1.00 g)		Nacho Grande (39.97 g) Soft Tacos New (37.39 g) Baked Beans (30.62 g) Side Salad (2.21 g) Tater Tots (17.05 g) Apple Juice (14.00 g) Banana (23.00 g) Fruit Cocktail (15.00 g) Sliced Gala Apple (21.50 g) Sliced Orange (24.60 g) Chocolate Milk (23.00 g) Low Fat White Milk (12.00 g) Ketchup (6.00 g) Picante Sauce (1.00 g) Ranch, Buttermilk Dressing (1.00 g) Shredded Mild Cheddar Cheese (0.51 g) Sour Cream (4.00 g)		Chicken Parmesan w/Garlic Breadstick (53.80 g) General Tso's Chicken w Fried Rice 9-12 (78.20 g) Baby Carrots (6.18 g) Crispy Seasoned Fries (20.00 g) Jubilee Sweet Corn (20.62 g) Side Salad (2.21 g) Banana (23.00 g) Orange Juice (13.00 g) Sliced Gala Apple (21.50 g) Sliced Orange (24.60 g) Strawberry Applesauce (17.00 g) Chocolate Milk (23.00 g) Low Fat White Milk (12.00 g) Ketchup (6.00 g) Ranch, Buttermilk Dressing (1.00 g)		Buffalo Chicken Tots w/Hot Roll (64.72 g) Crispito w/Chili (32.61 g) Grape Tomatoes (4.19 g) Side Salad (2.21 g) Sweet Potatoes, Deep Groove (17.88 g) Apple Juice (14.00 g) Banana (23.00 g) ORANGES MAND WHL L/S 6-10 (20.00 g) Sliced Gala Apple (21.50 g) Sliced Orange (24.60 g) Chocolate Milk (23.00 g) Low Fat White Milk (12.00 g) Ketchup (6.00 g) Picante Sauce (1.00 g) Ranch, Buttermilk Dressing (1.00 g) Shredded Mild Cheddar Cheese (0.51 g)	
	19 Dec		20 Dec		21 Dec		22 Dec
	26 Dec		27 Dec		28 Dec		29 Dec
							30 Dec

Carbohydrate values in grams follow the Menu Item name